

FAYETTE COUNTY 4-H

APRIL 2024 NEWSLETTER



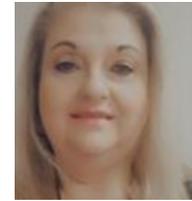
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 Hello Fayette County! 



Happy April! We will have one more newsletter next month and that will be it until August. Keep up with all things 4-H at our website

<https://fayette.ca.uky.edu/4h-youth-development> or Facebook page at <https://www.facebook.com/fayettecounty4h>. This summer we will have 4-H Camp, Cloverbud Camp, Teen Conference and Fayette County Fair. Last month we took youth to the Capitol Experience, Middle School Summit, Outdoor Adventure Camp, and had our Communications Contest. In this newsletter you will find information about Cloverbud camp, 4-H camp, Teen Conference, new clubs and programs.



The Fayette County 4-H program is a branch of the Fayette County Cooperative Extension Service that focuses on youth development. Our office is also the host of many programs that are geared towards adults. We highly encourage you to check out our website (fayette.ca.uky.edu) to see what other programs are offered for the whole family!



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Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.





APRIL



SUN MON TUE WED THUR FRI SAT

	1 Spring Break	2 Spring Break 6pm Beyond Sewing party!	3 Spring Break 6pm Horse Club	4 Spring Break	5 Spring Break	6 1pm Clover Chef 2:30pm Junior Chef
7 1pm Intermediate Sewing	8	9 6pm Nature Club	10 6pm Outdoor Adventure Club	11 11am Homeschool Cloverbuds Club 6pm Entomology Club 6pm Embroidery Club 6pm Cloverbuds	12 6pm Senior Chef	13 1pm Clover Chef 2:30pm Junior Chef
14 1pm Intermediate Sewing	15 6pm Teen Club 6pm Beekeeping Club	16 6pm Crochet Club	17 5:30pm Cloverbud STEM class 6:30pm Poultry Club	18	19	20
21 1pm Intermediate Sewing	22 6pm Yoga Club	23	24 6pm Outdoor Adventure Club	25	26 5:30pm STEM Workshop	27 5:30pm STEM Workshop
28 1pm Intermediate Sewing	29	30	Notes:			

FAYETTE COUNTY 4-H
RECOGNITION NIGHT

MAY 9TH, 2024

6:30PM

FAYETTE COUNTY EXTENSION
OFFICE

1140 HARRY SYKES WAY

PLEASE RSVP AT THIS LINK-
BIT.LY/FAYETTERECOGNITION24

REACH OUT WITH ANY QUESTIONS TO
MANDA AT AMANDA.CLARK@UKY.EDU

STILL IN NEED OF MALE ADULT AND TEEN LEADERS! REMEMBER YOUR CAMPER GOES FREE IF YOU ATTEND!



UK Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

COUNSELORS NEEDED FOR 4-H CAMP!

Serving as a counselor gives you the chance to serve as a role model for campers, be outdoors, and change lives!

Please fill out the questionnaire below to receive information.

Teen Leaders must be
16 or 17 by July 22nd.

Adult Leaders must be
18+ by July 22nd

Mandatory dates for camp:

Application due: July 1st

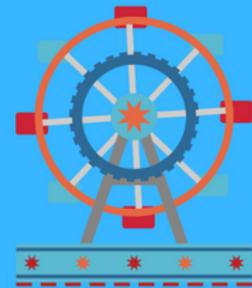
Counselor Orientation: July 13th (all day)

Camper Orientation: July 17th

4:00pm-5:30pm

5:45pm-7:15pm

Camp: July 22nd-July 26th



[BIT.LY/FAYETTECOCAMPLER](https://bit.ly/fayettecocampleader)

Email Manda at amanda.clark@uky.edu for any questions.



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4-H Camp 2024 Registration

Registration opens February 15th at this link:
bit.ly/Fayette4hcampsignup

Campers: 9 on the first day of camp. (\$250)

Counselors in Training: 15 years old (\$150)

Junior Counselors 16 and 17 years old (FREE)

Adults: 18 and up (FREE & one camper goes for free)

Scholarships are available upon request on a first come first served basis.

Out of county residents will pay \$300 for camp.

February 29th- Last day for payment plan sign up

June 3rd- Scholarship Applications due

July 1st- ALL APPLICATIONS DUE!



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**JULY 22ND-JULY 26TH
JM FELTNER 4-H CAMP
LONDON, KENTUCKY**



SPONSOR A CAMPER FOR 4-H CAMP!



Please consider sponsoring a Fayette County camper for 4-H camp this year! Full camp cost is \$300 and with an Extension District Board contribution the cost will be \$250. Fayette County is looking to take 318 campers this summer.

If you would like to sponsor the Fayette County 4-H camping program by providing a donation you can do so by check (to Fayette County 4-H council) or through online payment: bit.ly/Fayettecountypayment (put scholarship on 4-H program/club line).

Thank you in advance for generosity!

Reach out to Manda at Amanda.clark@uky.edu with any questions.





Kentucky 4-H Teen Conference

2024



Explore college,
future career paths,
and gain leadership
skills with 4-H

LOCATION

University of Kentucky
Lexington, KY

PRICE \$300

Contact your county
4-H Agent for more info

**CONTACT MANDA AT AMANDA.CLARK@UKY.EDU FOR
MORE INFORMATION.**

PAPERWORK DUE BACK BY MAY 16TH.

**LEARN WHAT COLLEGE LIFE IS LIKE AT UK!
EXPLORE A MAJOR, LEARN LEADERSHIP
SKILLS, MAKE NEW FRIENDS, AND DANCE!**



4-H Cloverbud Camp 2024



Who: All youth living/attending school in Fayette County, ages 6-8 by June 1

When: June 1 - 3, 2024

Where: Feltner 4-H Camp, London, KY

Cost: \$150 per camper



Cloverbud Camp is a 3-day, 2-night camping experience with canoeing, fishing, swimming, hiking, dancing, games, crafts, and more!



Deadline: May 1

Fayette County Extension Office

1140 Harry Sykes Way Lexington KY 40504



Adults are welcome to attend for \$175 after completing the 4-H Volunteer Application Process. Contact us immediately for application.

For more information, email: genaea.sarantakos@uky.edu

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IMPORTANT INFORMATION

How do we sign up?

- All forms and fees are due no later than May 1 to the Fayette County Extension Office. Only complete applications will be accepted

Payment options?

- Exact cash or check, payable to "Fayette County 4-H," delivered to Fayette County Extension Office, 1140 Harry Sykes Way, Lexington KY 40504. Open M-F from 8 am to 4:30 pm. Online and credit card payment options available upon request.

Scholarships?

- Email genaea.sarantakos@uky.edu for more information.

Paperwork:

- All attached forms must be complete, including all medical and health information and a copy of the medical insurance card covering camper.

Camper Orientation?

- All campers and at least one parent/guardian **MUST** attend the following Camper Orientation at the Fayette County Extension Office:
 - **Tuesday, May 21, 2024 from 6 - 7 pm**

Head lice checks?

- All campers are required to have a head lice check done prior to boarding the van/bus for camp. More details provided at Camper Orientation.

Refunds?

- Full refunds are available if requested in writing before end of business on April 30. Half refunds will be returned if camper notifies Fayette County 4-H in writing received before end of business on May 25. No portion of payment will be returned after June 1.

Registration Checklist. Does this application include:

- _____ Camper Participant Registration with Authorized Releases (6 pages)
- _____ Copy of camper's medical insurance card
- _____ Payment in full of \$150 per camper



FAYETTE 4-H HORSE CLUB



OPEN TO YOUTH AGES 9-18 YEARS OLD. WE WILL LEARN ABOUT HIPPOLOGY: ANATOMY, BREEDS, EQUIPMENT AND MORE.

YOU DO NOT HAVE TO OWN A HORSE TO JOIN.

THE CLUB WILL MEET MONTHLY. DATES WILL BE ANNOUNCED AFTER REGISTRATION

FIRST MEETING IS APRIL 3RD AT 6 P.M. AT THE FAYETTE COUNTY COOPERATIVE EXTENSION OFFICE.

YOU MUST REGISTER FOR 4-H BEFORE ATTENDING MEETINGS- THE PROCESS IS NOT LONG!



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LEXINGTON, KY 40546



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with any questions.



FAYETTE COUNTY 4-H STEM WORKSHOP: CLOVERBUD AIRPLANE BUILDING COMPETITION

Ages: 5-8

Cost: \$15 [Pay here](#)

When: April 17, 2024 at 5:30PM

Where: Fayette County Extension Office



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LEXINGTON, KY 40546

 
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FAYETTE COUNTY 4-H STEM WORKSHOP:

Rocket Building

Ages: 8-18

Cost: \$15 [Pay here](#)

When: April 26th at 5:30PM and
April 27th at 9am (for launching)

Where: Fayette County Extension
Office



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OUTDOOR ADVENTURE CAMP

MARCH 29TH-MARCH 30TH

YOUTH LEARNED TO BUILD FIRE, MAKE SHELTER, FILET A FISH, TRACKING, DEHYDRATING FOOD, OUTDOOR COOKING, MAMMALS, TREE IDENTIFICATION, AND LAND NAVIGATION.



Berry Crunch Roll-Ups

Servings:4 Serving Size:1 roll-up



Ingredients:

- 4 (6-inch) flour tortillas
- ¼ cup strawberry cream cheese
- 1 cup fresh berries of choice, blueberries, blackberries, raspberries, diced strawberries (or any fresh fruit)
- ¼ cup crispy cereal of choice

Directions:

1. Spread 1 tablespoon strawberry cream cheese in a thin layer on each tortilla.
2. Sprinkle ¼ cup fresh berries and 1 tablespoon cereal on top of the cream cheese.
3. Roll firmly, squeezing gently to seal edge. Serve immediately.

Source: Leap...for Health: Eat Smart to Play Hard : University of Kentucky Cooperative Extension Service, Nutrition Education Program

160 calories; 6g total fat; 3g saturated fat; 0g trans fat; 15mg cholesterol; 280mg sodium; 23g carbohydrate; 2g fiber; 6g sugar; 3g protein; 4% Daily Value of vitamin A; 40% Daily Value of vitamin C; 6% Daily Value of calcium; 8% Daily Value of iron.



Fayette County Cooperative Extension
1140 Harry Sykes Way
Lexington, KY 40504-1383

RETURN SERVICE REQUESTED



Fayette County Extension 4-H Newsletter



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Manda Clark Lucas Powell Genaea Sarantakos
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County Extension Agents for 4-H Youth Development

Cooperative Extension Service
Fayette County Extension Service
1140 Harry Sykes Way
Lexington, KY 40504-1383
(859) 257-5582



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And our Website
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